

## ***Diamond Dowsing E-Book***

### ***Using Your Dowsing Rods***

***By Marie Diamond & Annette Rugolo***

#### ***Heart level***

*Hold the dowsing rods in front of you at heart level. The rods should be pointing out and slightly down as you hold them. If they are tipped up, they will fall open on their own and if they are tipped too far down, they will not open up for you.*

#### ***Balancing left and right brain***

*Hold the sleeves of the dowsing rods lightly and make sure your hands are holding the sleeve and not touching the rods themselves. The fingers of your hands should be touching as you hold the rods in front of you. This will help in balancing your left and right brain.*

#### ***Questions asked***

*As you ask the questions, a 'no' response will be indicated by the rods staying in the same position and a 'yes' response will be indicated by the rods swinging open. Begin asking questions that you already know the answer to. For instance, is my name \_\_\_\_\_? Am I wearing a blue shirt? The rods may begin responding slowly at first as the rods open slightly. Trust the response you receive and continue asking questions until you are comfortable and confident with the response you are getting.*

#### ***Disattachment***

*If you are too attached to the outcome of the question, the rods will not respond easily. If you are too tense while you are asking the questions, the rods may not respond at all. Be sure to have an easy, relaxed hold on the rods. Bring your awareness an arm's length above the head to balance the right/left brain. The rods will respond easily if you place yourself in a balanced, relaxed state.*

#### ***Diamond Dowsing classes***

*Diamond Dowsing classes are available to help you learn how to cure the negative energies that we live and work in which are created by negative*

*energies of the earth and electrical magnetic energies. If you're interested in learning more about Diamond Dowsing, please visit us at: [www.mariediamond.com](http://www.mariediamond.com).*

### ***Q&A***

*If you have any questions about the class or scheduling a class in your area, please contact Annette Rugolo at [annette@mariediamond.com](mailto:annette@mariediamond.com).*

### ***Gratitude***

*Thank you for purchasing the Diamond Dowsing Rods. To learn more about Diamond Dowsing, we invite you to download a free e-book now available on Marie Diamond's web site.*